

Spring Thunder 2018

1. Spring thunder is a very mobile and movement oriented exercise. Your packing of your personal gear should reflect that. Over packing will definitely hamper the training value and negatively affect the experience you will have on the exercise.
2. Through out the weekend remember to be responsible for your own kit and maintain your kit in good condition so you don't have to bring extra gear in your pack.
3. Do not bring any cadet issued uniform parts and try and avoid reflective clothing.
4. Remember to dress in layers and check the forecasted weather so you can tailor the below kit list to the specific weekend.
5. Olive Drab combats can be purchased at Westley Surplus or Poco Military

6. NO CF ISSUED CADPAT

Cadet Kit List

<u>Item</u>	<u>Number required</u>	Packed (Check off)
Tunic or Wind Breaker	1	
Pants or OD Pants	2	
T- Shirt or OD Shirt	3	
Belt	1	
Hiking Boots or Combat Boots (combat boots may require insoles + black polish)	1	
Socks (Warm/thick)	3	
Baseball hat or beret and or tilly	1	
Toque	1	
All Weather Jacket or Four Season OD Parka	1	
Rain Gear or OD Rain Gear (Pants and Jacket)	1	
Underwear	3	

Winter Rated Sleeping Bag	1	
Tarp min 8'x10'	1	
Bungee cord or twine	2 cords 1 Roll	
Bivvy Bag	1	
Personal toiletries (Towels, Face cloths. Tooth brush/paste, Hair Comb, Soap, etc)	1 Set	
Water Bottle or Canteen or Camel Pack	1	
Flashlight (with spare batteries)	1	
Knife (maximum of 6 inches) or multi tool	1	
Notebook with pen or Field Message Pad	1	
Day bag or webbing or tact vest	1	
Durable Gloves for the elements and working	1	
Whistle	1	
Air Mattress / Foamy (portable)	1	
Watch (avoid cell phones)	1	
Small Personal First Aid Kit	1	
Long Johns	1	

** If you have questions with any of the items described above please speak to Lt Khan, Z or FSgt Battan.