



## **Information on the recent measles outbreak for cadets & families in Pacific Region**

Cadets, staff, families and volunteers are reminded that in any case of illness, they should refrain from participating in cadet activities and seek advice from a physician prior to resuming participation.

Persons who have a known exposure to measles, or other illnesses, are asked to follow public health guidance on preventing further infection and to follow their doctor's guidance on their return to cadet activities.

Vaccination is the best method of protection. All school-aged children and adults born in 1970 or later should have two doses of MMR vaccine for full protection. Most people born before 1970 are immune to measles because of past exposure or disease. Please take some time to check your vaccination records to see if you or your children need additional vaccination. Vaccination is available from physicians, pharmacists (for adults and children over 5 years), and public health units (for children). Call ahead to your health care provider to ensure that MMR is available at your appointment.

### **Does the CCO screen for vaccines?**

No, the Canadian Cadet Organizations do not screen for vaccines prior to engaging in cadet activities, nor do we keep a record of vaccinations for cadets. Adult staff and volunteers are responsible for monitoring their own vaccination records. Vaccination is the best method of protection.

### **Does the CCO monitor cadets or staff that have/have had measles?**

No. Cadets and adult staff are asked to monitor their own health and to refrain from participating in cadet activities if they have any illness, including a possible exposure to measles. Cadets and adult staff are not required to report the type of illness that limits their participation. Vaccination is the best method of protection against measles and many other types of diseases.

Find more information about measles and MMR vaccine at <https://www.healthlinkbc.ca/health-feature/measles> and [immunizebc.ca](http://immunizebc.ca)