

CAP

AT HOME

WHO

CAP is available to all registered cadets, regardless of element or training level. Once registered, cadets will be organized into groups (like at a CTC) for management purposes and to provide a point of contact for you. You will not necessarily be training with your group each day, as each training session will have multiple choices that you can select from. Dress for this training opportunity will be appropriate civilian attire (same as you wear to school).

WHAT

Cadets can expect four workshops every day, where you will choose your own training adventure. Each workshop will be an hour long, but some have multiple parts so you will need to select carefully to complete the full workshop. Some choices will only be available to certain levels, but most are open to all. Joining Instructions (which will be released shortly) will include any additional information that you may need. We may be adding more opportunities as we get closer, so keep connected.

WHEN

The virtual CAP will be conducted over two weeks: Mar 15-19 and Mar 22-26. Cadets are free to choose which week works best for their individual schedules, and will be free to join any of the workshops that are running over the period of the two weeks. Maybe your training adventure takes you on a two day a week journey, or maybe you're interested in almost everything and will be engaged for more than a week. Whatever you are comfortable with, we are happy to provide you with unique training.

WHERE

Virtual CAP will operate over the platform Webex. We want to make sure you are getting the correct session login information, so please ensure we have your correct email address. If you have signed up through your Corps/Squadron, please verify your email address with them. If you self-registered through your Area staff, then we will use the email address you provided through that process. Each morning between 0830 - 0900 hrs, there will be an optional session for cadets to seek information for connection details that day and to ask any questions you may have. That session will be open by using this information:

Using a web browser:

<https://canada.webex.com/meet/scott.bissell>

Using the "Cisco Webex Meetings" app: click "Join Meeting" and use meeting number 173 870 9462

HOW

Cadets can be registered through their Corps/Squadron, or they can self-register by emailing their Area's specific general inquiry inbox:

*Vancouver Island Area
RCSUPac.VI@cadets.gc.ca*

*Lower Mainland Area
RCSUPac.LM@cadets.gc.ca*

*Interior Area
RCSUPac.Int@cadets.gc.ca*

WHY

The goal of the virtual CAP is to provide engaging content that differs from the traditional training plan. We want cadets to use the virtual CAP as a way to meet new people all while learning new things! This program is designed for flexibility, so if you are only available for a short time each day, feel free to connect to the sessions you want. NOTE: there are 2 blocks of time that are only being offered once a week - Op PALACI and the Legislature Tour.