

SUMMER PATHFINDER 2023



COURSE CADET

Joining Instructions

Multi Squadron Summer Field Training Exercise

19 – 22 May 2023

INTRODUCTION

1. Leadership in a survival scenario, physical fitness and general survival knowledge are all essential parts of the Air Cadet Program. This training weekend is designed to allow all cadets in attendance to develop and practice their outdoor survival and leadership skills. A training exercise is to be organized for the May long weekend.
2. NCOs and adult staff from invited squadrons will assist the staff at 525 with organizing a survival training weekend to take place at Area C training site in the Columbia Valley, from 19 May – 22 May 2023.
3. To accomplish the required goals the exercise will be divided into separate Junior and Senior courses, each with their own OICs, NCO ICs and Course Training Plans.
 - a. The Junior Course will cover all the essential survival knowledge required from the Level One and Two training programs. The course will be more structured on the first full training day with class-based training, while the second full training day will be a more practical application of their acquired skills.
 - b. The Senior Course will build upon the skills learnt during the cadet's previous experience on the Junior Course. Cadets will receive hands-on training throughout the weekend and will be mobile between various training locations in the Columbia Valley.

DRESS INSTRUCTIONS

4. Cadets are authorized to wear appropriate civilian clothing or the Issued Cadet Field Training Uniform (FTUs). All civilian attire must remain appropriate for a cadet activity. Further clarification can be acquired with your own squadron COs.
5. Attached are kit lists specific for each course and should be used as reference on what to pack. Cadets are reminded to not over-pack; all kit should fit in one bag that can easily be carried for long distances. Close attention is to be placed on the items bolded in the kit lists as those items are essential for the success of training during the weekend.
6. All participants are responsible for bringing adequate personal kit for the forecasted conditions and for the entirety of the activity. A kit check will be conducted prior to boarding the bus and prohibited items will not be allowed to be brought. Be advised that the host squadron will not be held responsible for lost or stolen personal items. Members are cautioned to have their items clearly identified and to refrain from bringing valuables or electronics.

TRANSPORTATION

7. All cadets will meet at their squadron LHQs and be transported to the FTX in the Columbia Valley Training Area C via pre-arranged bus transport. See your squadron's permission forms for meeting locations and times for your bus departure. Cadets are required to submit a kit check prior to boarding and present their permission forms to the administration staff once they arrive on site.

8. Cadets will move to and from their training sites and HQ on foot; cadets are only permitted to be moved around the training site by vehicle if their approved course training plan allows for it.

ACCOMMODATION

9. Junior Course Cadets will be sleeping in modular tentage for the first evening. Senior course will be moved at the time pre-determined in their training plan to another suitable location where they will be sleeping in half shelters for the duration of the FTX. The junior course will depart the mod tents during their natural shelters class and be sleeping in “tarp city” for the remainder of the weekend.

10. The modular tents will be available throughout the weekend for use as emergency shelter in the event of poor weather.

MEALS

11. Course cadets will be provided Meals Ready to Eat (MREs) for the duration of the exercise. As a reminder **dinner WILL NOT be provided** on Friday evening.

12. Any course cadets who cannot eat MRE’s and or have special dietary requirements must notify their squadron staff as soon as possible.

MEDICAL

13. All cadets participating will provide the administration officer on site with their permission forms outlining any allergic reaction, specific medical requirements (prescription medication), any pertinent medical history or conditions, and provincial medical coverage.

14. Minor first aid will be delivered by qualified adult staff on site; proper forms and recordkeeping will be completed for all first aid given.

15. Major first aid will be delivered by the local hospital; parents will be notified, and an adult staff member will transport the cadet in question to the hospital.

CONTACT INFORMATION

18. Due to limited cell coverage at the training area, the following procedures are to be followed if your parent or guardian must contact you. Every morning and evening, a cell phone will be transported to cell service, and voicemail will be checked.

19. Any parents wishing to reach their cadet or a staff member in case of an emergency is instructed to leave a voice mail clearly stating their name, their cadet’s name, the squadron they are coming from and a number to have us call you back. Contact info is stated below.

20. OPI – Captain Zakir Khan (525 CO) – zakir.khan@cadets.gc.ca or 778-877-9226

Z. Khan
Capt
OPI – Summer Pathfinder 2023

Annex I – Course Cadet kit lists

Annex J – Permission Forms

Annex I
Appendix I
4500-1-4 (OIC)
04 May 2023

JUNIOR COURSE KIT LIST

<u>Item</u>	<u>Number required</u>	Packed (Check off)
Shirts	4	
Pants (Jeans are NOT permitted)	3	
Hat	1	
Waterproof Boots (running shoes are NOT appropriate)	1	
Coat	1	
Undergarments	4	
Socks	4	
Sleeping Attire	1	
Sleeping Bag	1	
Air Mattress/Foamie	1	
Gloves	1	
RAIN GEAR	1 Full Set	
Canteen or Water Bottle	1	
Mess Kit (Plate, Bowl, Mug, Knife Fork Spoon)	1 Full Set	
Toiletries Kit (Towel, Face Cloth, Tooth brush, Soap etc)	1 Full Set	
Flashlight (with spare batteries)	1	
<u>TARP – MINIMUM SIZE 8’ X 10’</u>	1	
Air Cadet Field Training Uniform	1	
Sunscreen	1	
Small First Aid Kit	1	
Ruck Sack	1	
Whistle	1	
Knife (No larger than a 6” blade is permitted)	Opt.	
Sunglasses	Opt.	
Web Gear / daypack	Opt.	
Paper & Pen	Req.	

IMPORTANT NOTES:

1. There will be **NO RAIN GEAR** provided on the exercise; you must ensure you have your own **PERSONAL SET**.
2. All personal kit should be packed in a rucksack, as cadets will be hiking with all gear. Items such as luggage, garbage bags, and reusable bags such as Ikea and grocery bags **SHOULD NOT BE USED**. Items should be suitable for camping outdoors, i.e. NO queen-size electric blow-up mattresses.
3. Cadets **ARE NOT PERMITTED** to bring electronic devices such as Personal gaming devices, speakers etc.

Annex I

Appendix II

4500-1-4 (OIC)

04 May 2023

SENIOR COURSE KIT LIST

<u>Item</u>	<u>Number required</u>	Packed (Check off)
Rain Gear – Rain Jacket and Rain Pants	1 Each	
Coat	1	
Sweater (fleece)	1	
Shirts	3	
Pants (NO JEANS)	2	
Underwear	4	
Socks	4	
Boots (WATERPROOF)	1	
Watch	1	
Gloves/Work gloves	1	
Whistle	1	
Notepad and pen	1 each	
Sleeping Bag (MANDATORY)	1	
Air Mattress (MANDATORY)	1	
Canteen (MANDATORY)	1	
Tarp – minimum size 8’ x 10’	1	
Hat and Toque	1	
Personal Toiletries	1	
Headlamp (with spare batteries) red light preferred	1	
Knife (no longer than 6 inches)	1	
Day Pack	1	
Small First Aid Kit	1	
Rucksack or Hiking Pack (NO DUFFLE BAG OR SUITCASE)	1	
Survival Kit	1	

IMPORTANT NOTES:

1. There will be **NO RAIN GEAR** provided on the exercise therefore you must ensure you have your own **PERSONAL SET**.
2. All personal kit should be packed in a rucksack, as cadets will be hiking with all gear. Items such as luggage, garbage bags, and reusable bags such as Ikea and grocery bags **SHOULD NOT BE USED**. Items should be suitable for camping outdoors, i.e. NO queen-size electric blow-up mattresses.
3. Cadets **ARE NOT PERMITTED** to bring electronic devices such as Personal gaming devices, speakers etc.

Exercise Summer Pathfinder

Permission Slip

Welcome to Exercise Summer Pathfinder!

Summer Pathfinder (formerly known as Exercise Summer Thunder) is a multi-squadron survival exercise that typically involves cadets from across the Lower Mainland and Fraser Valley. It will take place from **Friday May 19th, 2023 to Monday May 22th, 2023**. Please ensure that you have reviewed the kit list and have all approved items with you. It is critical for your enjoyment on the exercise to have the necessary items, as the weather can be variable, and you will be outdoors with limited shelter.

Departure: Local Cadet LHQ on Friday May 19th, 2023

Before the bus departs your kit will be checked by the Bus Officer.

Return: At the conclusion of the exercise you will be required to be picked up by your parents/guardian from your Cadet LHQ's on Monday May 22th, 2023

Please complete and print the permission slip below and ensure you bring it with you on your squadron bus heading to the exercise.

Hard Copy of the permission forms will be brought with each cadet as well on the bus to the exercise, as it will be collected by the administration officer during indoc.

Without the permission slip, you will not be permitted to attend the exercise

If you have any questions or concerns regarding the exercise please speak to your Training Officer or email the OIC CI Sato, tache.sato@cadets.gc.ca

Civilian Instructor Tache Sato

OIC Exercise Summer Pathfinder

525 Pathfinder Air Cadet Squadron
National Defence, Government of Canada
tache.sato@cadets.gc.ca / Tel: 778-929-5359

525 Escadron de cadets de l'Air Pathfinder
Défense nationale, gouvernement du Canada
tache.sato@cadets.gc.ca / Tel: 778-929-5359

SUMMER PATHFINDER

Type	Dates	SQUADRON NUMBER
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SURVIVAL EXERCISE	19TH-22th MAY	
Meeting Location and Instructions		
Equipment / Kit Required		
SEE ATTACHED SHEET		

Cadet Information

Name (Rank, Last Name, First Name)		Level	Date of Birth (day, month, year)
Home Address			
BC Health Card #		Family Doctor (Name, Phone Number)	
Allergies		Medication	

All medication is to be handed in to the First Aid Officer. Cadet will request medication when required.

Emergency Contact

Name		Relationship
Address - same as cadet above <input type="checkbox"/>		
Phone Numbers - Home	Work	Cell

I hereby grant permission for my son/daughter/ward to receive emergency medical or dental treatment and such inoculations or vaccinations as deemed required by a doctor.

I certify that my son/daughter/ward is in good health and any and all medical conditions have been indicated on this form and taken into consideration in giving my consent for their participation in this activity.

Parent/Guardian Name	Parent/Guardian Signature
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